

CB-BK WE1 2026: Session: 6: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 12:30 untill 13:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Beerten Ine

Coaches: Dekoninck Nicole

Coaches: Tisson Fabienne

Coaches: Rommers Dien HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:2, starttime: 14:33
Heat: 2/20 Lane : 4 Athlete: VLASSAKS ROSALIE					Q-time: 02:51:04
PB (50m pool): 02:51.04 Antwerpen 20/07/2025					PB (25m pool): 02:46.77 SB: 02:51.05 SportinGenk Park 24/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.50	01:21.82	02:11.99	02:51.04	
	00:36.50	00:45.32	00:50.17	00:39.05	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:8, starttime: 14:53
Heat: 8/20 Lane : 7 Athlete: MAES LEONIE					Q-time: 02:47:48
PB (50m pool): 02:47.48 Antwerpen 20/07/2025					PB (25m pool): 02:45.08 SB: 02:49.40 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.06	01:17.30	02:08.46	02:47.48	
	00:34.06	00:43.24	00:51.16	00:39.02	
					

Coach feedback:

Event number: 44: 100M BREASTSTROKE MEN 11-12					Heat:7, starttime: 16:40
Heat: 7/11 Lane : 5 Athlete: BOLLEN WARRE					Q-time: 01:33:86
PB (50m pool): 01:33.86 Mol 28/06/2026					PB (25m pool): 01:33.99 SB: 01:33.86 Mol 28/06/2026
	5 0 M	1 0 0 M			
PB	00:45.87	01:33.86			
	00:45.87	00:47.99			
					

Coach feedback:

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Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:2, starttime: 16:52
Heat: 2/16 Lane : 6 Athlete: VLASSAKS ROSALIE			Q-time: 01:07:42
PB (50m pool): 01:08.56 Eindhoven 22/03/2026			PB (25m pool): 01:07.42 SB: 01:08.56 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:33.18	01:08.56	
	00:33.18	00:35.38	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:7, starttime: 17:00
Heat: 7/16 Lane : 6 Athlete: MAES LEONIE			Q-time: 01:05:94
PB (50m pool): 01:05.94 Seraing 25/01/2026			PB (25m pool): 01:04.36 SB: 01:05.94 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:31.97	01:05.94	
	00:31.97	00:33.97	
			

Coach feedback: